

Federal Benefits and State Services



What's Available for Adults with Developmental Disabilities?



Washington State
Department of Social
& Health Services

Division of Developmental Disabilities

About This Booklet

A variety of federal benefits and state services are established to support adults with developmental disabilities.

It can be very confusing to sort through the differences between Social Security and Medicaid benefits, as well as the many services and programs provided in this state.

To help you understand your options, this booklet offers an overview of the major benefits and services.

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Supplemental Security Income (SSI)

What is SSI?

SSI is social security program that provides a monthly payment to disabled adults and children who meet Social Security's disability and income criteria.

SSI eligible persons are eligible for Medicaid under the Categorically Needy Program (CNP) through DSHS.

Who Can Receive SSI?

Individuals who are age 65 or older, or blind, or have a disability, and who have less than \$2,000 worth of countable assets, and earn less than \$700 per month, can become eligible for SSI.

Note: Income rules change once the individual receives SSI.

How much is the SSI Cash Benefit?

The basic SSI amount is the same nationwide. However, many states add money to the basic benefit. In Washington State, benefits vary by area.

In 2000, the amount for an individual is either \$539 or \$518 per month, depending on the county. The actual amount individuals receive also depends on how much other income they have.

Call 1-800-772-1213 for specific amounts.

Social Security Disability Insurance (SSDI)

What is SSDI?

SSDI is a federal program for employees under age 65 who are unable to work at substantial gainful activity (SGA) levels (note: Year 2000 SGA level is \$700 per month). The disability must last or be expected to last for at least a year or result in death. People on SSDI are eligible to receive Medicare after 24 months.

Who can receive SSI?

In addition to the employee who becomes unable to work due to a disability, certain family members may qualify for benefits on the employee's work record if the employee retires, becomes disabled or dies:

1. Spouse who is age 62 or older, or any age if they are caring for the employee's child who is under age 16 or disabled and also receiving checks;
2. Unmarried son or daughter, age 18 or older, if he or she has a disability that started before age 22 [Disabled Adult Child (DAC Benefit.)]

What is the Monthly SSDI Benefit?

The monthly disability benefit is based on the employee's lifetime average earnings covered by Social Security. Call 1-800-772-1213 for more information.

Medicaid

What is Medicaid? Who is Eligible?

Medicaid is a joint federal and state program administered by the Medical Assistance Administration in DSHS. It provides funding for a wide range of medical services. Coverage is broadest under the Categorically Needy (CN) program and most restricted under the Medically Indigent (MI) program.

The listing of covered services is on the Internet:

[http:// maa.dshs.wa.gov/eligibility/Overview.htm](http://maa.dshs.wa.gov/eligibility/Overview.htm)

If you do not have access to the internet at home, your local public library will be able to help you find this internet site and get the information.

Medicaid is a funding source for many programs of the Division of Developmental Disabilities (DDD). They include Medicaid Personnel Care (MPC), most DDD community services and DDD Residential Habilitation Centers (RHCs).

Is the DDD Home and Community Based Waiver (CAP) a Medicaid Program?

The CAP Waiver waives federal rules to allow the use of Medicaid dollars to pay for many DDD services. The purpose of the Waiver is to prevent institutionalization by offering a community alternative. The Waiver has a fixed number of people with developmental disabilities who can be served.

State Services & Supports

What is DDD?

The Division of Developmental Disabilities (DDD) is the DSHS entity that provides services only to people eligible for DDD services.

Who does DDD serve?

The Division of Developmental Disabilities (DDD) administers programs and services for people who have the conditions of mental retardation, epilepsy, autism, cerebral palsy, or other neurological conditions similar to mental retardation or requiring similar treatment as determined by DDD.

Call your regional office 800 number to get the number of the DDD office in your area. (see back page of booklet for 800 numbers).

What are the services?

DDD offers a broad range of in-home and out-of-home community services as well as institutional services. Services may be provided by state employees and/ or contracted providers.

Services are listed on the following pages.

Note: DDD has limited funding and availability for many services. Contact your local case resource manager to learn what is available.

Case and Resource Management

Every DDD eligible person is assigned a case resource manager. The case resource manager (CRM) is responsible for eligibility intake and determination, assessments, service planning, and authorization of services. In addition, the CRM will often be able to inform you about other governmental and community resources.

Family Support Opportunities

This program is available to parent/relatives who are living with and caring for a disabled adult. Family Support provides you an annual opportunity to work with a community guide and receive a limited allocation for services such as respite, therapy, and specialized equipment. There maybe a waiting list for services but emergency funds are generally available for critical needs.

Medicaid Personal Care (MPC)

MPC is a medical assistance program available to all CN Medicaid persons who have an assessed unmet need with personal care tasks. MPC offers personal care assistance in the person's home, adult family home, or adult residential care facility. The in-home provider can be a qualified individual of your choosing, even the parent (of adults) or a licensed home health agency. As of July, 2000 the Individual provider wage is \$7.18 per hour not to exceed 144 hours month. The agency rate is \$12.62 per hour not to exceed 112 hours.

Community Residential Services

Residential services are provided to people who require assistance with daily living. Services are divided into facility and non-facility services.

Facility-based means that the place of residence is owned by the service provider. It is not the person's own home. Facility-based includes:

- Group Homes
- Intermediate Care Facilities
- Adult Family Homes
- RHCs (Residential Habilitation Centers)
- Adult Residential Care (ARCs)

Non-facility-based means the person owns or rents the apartment or house – it is their own home. Private agencies that contract with DDD provide in-home services that may be called:

- Alternative Living (AL)
- Supportive Living (SL)
- Tenant Support (TS)
- Intensive Tenant Support (ITS)

Non-DDD Residential Services

- Nursing Facility (NF) care: the NF determination and payment is authorized by Home and Community Services/Aging and Adult Services Administration (HCS/AASA) staff.
- Assisted Living: These are boarding homes licensed and contracted with AASA as “Assisted Living” facilities. This service is funded by AASA under their COPEs Waiver. Eligibility and payment for this service is done by AASA.

Employment and Day Programs

DDD contracts with the counties to provide employment and community access programs for adults. Your DDD case resource manager must make the referral.

- Individual Supported Employment: Placement and follow-up services necessary to help persons with disabilities obtain and continue integrated employment.
- Group Supported Employment: Supervised training and employment of small groups of disabled adults in regular business and industry.
- Pre-vocational/Specialized Industries: Training and long-term employment in businesses organized to provide training and employment to persons with disabilities. These settings tend to be more segregated.
- Community Access: Assistance with gaining access to community activities in which people without disabilities also participate.

Non-DDD Employment and Day Programs

- Adult Day Health: Center-based services for the elderly and CN Medicaid disabled adults who need nursing or therapy. A meal and other activities are also provided.
- Division of Vocational Rehabilitation: Provides time limited assistance with employment such as assessments, job placement, and short term on-the-job training.

Resource Numbers

Region 1

(Eastern Washington)

1-800-462-0624

Region 2

(Central Washington)

1-800-822-7840

Region 3

(Northwest
Washington)

1-800-788-2053

Region 4

(King County)

1-800-314-3296

(South King County)

1-800-974-4428

Region 5

(Pierce &

Kitsap Counties)

1-800-248-0949

Region 6

(West and

S.W. Washington)

1-800-339-8227

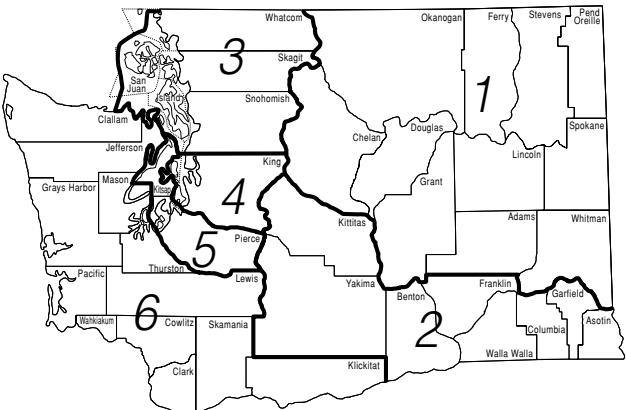
DDD Central Office

(Olympia)

360-902-8444

Social Security

1-800-772-1231





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